

# KNITTING NEEDLE

## Size Conversion Chart



### A quick word on needle type

Straight, circular, or double pointed, the gauge principle stays the same. If your pattern says 4mm, the type of needle does not change that, only the material and how you knit will nudge things. Circulars get an undeserved reputation for trouble. They knit exactly the same stitches as straights, just in a more travel friendly shape.

Old UK Size	Metric (mm)	US Size
14	2.0mm	0
13	2.25mm	1
12	2.75mm	2
11	3.0mm	-
10	3.25mm	3
-	3.5mm	4
9	3.75mm	5
8	4.0mm	6
7	4.5mm	7
6	5.0mm	8
5	5.5mm	9

*Print me out, pop me in your knitting bag and thank yourself later*



continued....

Old UK Size	Metric (mm)	US Size
4	6.0mm	10
3	6.5mm	10.5
2	7.0mm	-
1	7.5mm	-
0	8.0mm	11
00	9.0mm	13
000	10.0mm	15

The size on the needle tells you the diameter, but it does not tell you the whole story. Metal needles are slippery little things and your stitches glide off them with very little encouragement, which often means a slightly looser gauge.

Bamboo and wood have more grip, so stitches sit a bit more obediently and your gauge can come up tighter, even on the exact same size needle.

Casein sits somewhere in between and mostly just gets on with it.

None of this means you need a drawer full of every material in every size, lovely as that sounds. It just means if your gauge swatch is being uncooperative, the needles in your hand are worth a thought before you blame your tension.

**Too many stitches or rows in your swatch, go up a needle size. Too few, go down a size.**